

## TRIOUS LUNCH MENU

### ~To Begin~

#### **Gomes Farm Tomato & Sweet Pepper Bisque**

Best Baa Feta, Tomato Jam, Arugula Pesto, Sundried Tomato Biscuit  
12

#### **Icewine Heirloom Beets**

Ontario Mozzarella, Prosciutto, Pear, Organic Watercress, Beet Meringue  
Cranberry and Lemon Thyme Crumble  
13

#### **Ontario Mushroom Collection**

Fresh Burrata Cheese, Icewine Onion Jam, Ontario Mushroom Collection  
Homestead Farm Fried Duck Egg  
14

#### **Icewine Cured & Smoked Salmon**

Lobster Croquettes, Pickled Red Onion, Sea Asparagus, Crisp Salmon Skin  
Seabuckthorn Curd  
15

### TO SHARE (OR NOT)

#### **Fresh Ontario Cow's Milk Burrata Cheese 30**

Tomato and Chili Jam, Sleger's Organic Watercress, Endive, Crisp Prosciutto  
Focaccia Toast

#### **Trius Romaine Hearts Salad 32**

White Anchovies, Hens Egg, Prosciutto, Parmesan Crisp  
Creamy Parmesan Dressing

#### **Trius Hero's Plate 36**

Beef Pastrami, Chicken Liver Parfait, Spicy Sopressata, Capocollo, Salmon Rilette  
Organic Hen's Egg, Pig Head Terrine, Elk Summer Sausage, St Paulin & Oka cheese  
Beet Pickle, Mustard, Cornichon Pickle, House Baguette

#### **Artisan Canadian Cheese 3-20 5-26**

Devil's Rock Blue / Niagara Gold / Nosey Goat / Smoked Comfort Cream / Aged Cheddar  
Walnut Toast and Icewine Beet Jam

### ~To Follow~

#### **"Little Piggy" Flat Bread**

BBQ Spiced Pulled Pork (**contains peanuts**), Chorizo Sausage, Smoked Bacon, Mozzarella  
Pickled Chili, Fresh Cilantro, Picard's Peanuts  
25

#### **Mussels and Fries**

Steamed PEI Mussels, Leeks, Potato, Smoked Ham Hock, Fresh Parsley  
Hand Cut Russet Fries and Malt Vinegar Aioli  
24

#### **Heritage Mennonite Chicken**

Linguini Pasta, Salsa Verde, Shitake Mushroom, Brussels Sprout, Best Baa Feta  
Organic Hens Egg and Salsify Chips  
27

#### **Trius Lamb Shank**

Braised Lamb Shank, Pecan Toffee Crust, Icewine Red Cabbage  
White Bean Cassoulet and Maple Parsnip  
32

#### **Atlantic Scallops**

Sweet Potato and Mascarpone Ravioli, Crisp Sage, Fresh Parmesan  
Smoked Bacon, Apple and Raisin Dressing  
40

### ~The End~

12

#### **Apple Pie**

Warm Cinnamon Apple Pie and Vanilla Apple Mousse  
Oatmeal Granola

#### **Icewine Pear**

Caramel, Chocolate, Icewine Pear Cheese Cake Bar  
Caramel Popcorn

#### **Triple Chocolate**

Chocolate Fudge Brownie, Chocolate Mousse, Chocolate Cookie  
Cranberry and Toasted Marshmallow