

TRIOUS LUNCH MENU

~To Begin~

Creamed Ontario Butternut Squash Soup

Carrot Muffin, Maple Squash, Cinnamon Spiced Cream
Candied Walnut and Pumpkin Seeds
12

East Coast Scallops

Pressed Smoked Ham Hock Terrine and Blood Sausage Croquette
Apple Butter
18

Ontario Mushroom Collection

Hewitt's Farm Goat's Cheese, Icewine Onion Jam, Ontario Mushroom Collection
Homestead Farm Fried Duck Egg
15

Mulled Red Wine Pear

Organic Arugula, Cranberry Compote, Candied Walnuts, Cured Prosciutto
Burrata Cheese and Winter Spiced Pear Syrup
13

TO SHARE (OR NOT)

Fresh Ontario Cow's Milk Burrata Cheese

Tomato and Chili Jam, Slegger's Organic Watercress, Crisp Prosciutto
Focaccia Toast
34

Hearts of Romaine

Romaine Hearts, Crisp Prosciutto, White Anchovies, Parmesan Chips
Hens Egg and Creamy Parmesan Dressing
32

Trius Hero's Plate

Whisky Cured Duck Breast, Beef Pastrami, Chicken Liver Parfait, Spicy Sopressata, Capocollo
Salmon Rilletes, Organic Hen's Egg, Ham Hock Terrine, Lamb Summer Sausage
Aged Cheddar, Hewitt's Goat's Cheese, Honey Comb,
Beet Pickle, Triple Crunch Mustard, Cornichon, Basket Truffle Fries
42

Artisan Canadian Cheese

Devil's Rock Blue / Niagara Gold / Nosey Goat / Smoked Comfort Cream / 2 Year Aged Cheddar
Candied Walnuts, Red Wine Pear, Walnut Toast, Icewine Beet Jam, Fresh Honey Comb
3-20 5-28

~To Follow~

Ontario Lamb Shank

Forked Herb Potato, Spring onion, Tarragon, Virgin Soy Bean Oil
Icewine Red Cabbage and Maple Parsnip
Pecan Toffee Crust
30

Heritage Thyme Crusted Capon

Parmesan Gnocchi, Smoked Bacon, Chanterelle Mushroom, Raisin
Apple, Kale, Leeks, Rapini, Brussels Sprouts
Best Baa Feta and Triple Crunch Mustard
28

Trius 8 oz Ribeye Burger

Bar Five Farms Beef Ribeye, Hot House Tomato, Icewine Onion Marmalade
Thornloe Aged Cheddar, Canadian Peameal Bacon, House Ketchup
Poppy Seed Bun and Basket Russet Fries
26

Lake Erie White Fish

Cherry Tomato, Pickled Cucumber, Sweet Potato, Chioggia Beets, Organic Quinoa
Portobello Mushroom, Bok Choy, Roasted Carrot, Chickpea Fritters, Mozzarella
Organic Hens Egg and Trius Chardonnay Dressing
28

Ask about our Wine Pairing Options